Health & Wellness Services
A Division of Student Affairs

Penn State New Kensington is committed to offering an environment which is supported by skilled, competent, caring health professionals. The offices of Health Services and Counseling Services provide education, programs, medical care, and individual personal counseling services to current Penn State students. Health Services and Counseling Services staff work collaboratively to identify and advocate for student need, to provide appropriate high quality, cost effective responses.

HEALTH & WELLNESS SERVICES

Health & Wellness Clinic
Healthcare Treatment/Screening
Staff: Elaine Zarichnak - Full-time R.N.
Fees: No charge for treatment.
Location: Athletic Center
Clinic Hours:
Fall/Spring Semesters
Monday through Friday
8:00 a.m. to 5:00 p.m.
Doctor available first & third Wednesday of each month.
Phone: 724-334-6066

Counseling Services
Staff: Julie McCune—Licensed Personal Counselor
Fees: There is no charge for counseling.
Location: ITC034 (Theatre & IST Building)
Clinic Hours:
Fall/Spring Semesters
Monday: 10:00 a.m. - 3:00 p.m.
Tuesday: Noon - 3: 00 p.m.
Thursday: 9:00 a.m.-11:00 a.m.
Phone: 724-334-6744 or 724-224-3031

Healthcare Treatment/Screening
Registered students are eligible for free healthcare treatment and screening in the Health Services clinic. The campus’ registered nurse and consulting physician provide treatment of minor injuries and illnesses, as well as emergency response, athletic physicals, etc.

Counseling Services
Students encounter a great deal of stress during their University years (i.e., academic, social, family, work, financial). To help students manage the demands of life, our licensed counselor provides individual psychological and personal counseling service, to assist students in overcoming personal, academic and/or crisis situations that could negatively impact their progress and success at Penn State New Kensington.

Health & Wellness Education
The Health & Wellness Services Clinic promotes health awareness, positive health behaviors, and disease prevention. One-on-one education counseling is available to students seeking assistance with health concerns such as smoking, alcohol, and other drug abuse, nutrition/weight management, human sexuality issues and more. CPR and first responder classes are also offered through Health Services.

Disability Services
Students with health-related disabilities need to notify us so that reasonable accommodations can be made to aid the student. Please contact Health Services to discuss available accommodations.

Visit us on the web: www.nk.psu.edu
Confidentiality
The staff of Health Services assures all health care providers adhere to the professional practice of patient confidentiality, privacy, dignity, and informed consent. Should you wish to release information in your medical record, this information will only be released when appropriate written authorization has been obtained from you. Copies of medical records that are mailed to other care providers/institutions are free of charge.

Health Insurance
Health insurance is strongly recommended for all students. For information on United Healthcare health, dental and vision coverage, visit www.studentresources.com.

Local Resources for Medical Assistance
- Emergency Response: 911
- Alle-Kiski Medical Center: 724-224-5100
- Citizen’s Hospital Urgent Care: 724-337-5000
- Domestic Violence Hotline: 888-299-4673

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